

INHALANTS

DESCRIPTION – Anything that can be inhaled by nose or mouth to get a quick high.

METHODS OF USE – Sniffing/inhaling directly from the container, plastic bags over the head, from cloth/clothing saturated with the substance, aerosol inhalation (directly spraying into mouth or nose), inhaling from alternative containers (balloon filled with nitrous oxide), inhalation of vapors emitted by heating volatile substances.

PHYSICAL EFFECTS – Short term memory loss, hearing loss, emotional instability, limb spasms, slurred speech, staggering or stumbling, tremor, loss of sense of smell, permanent brain damage, bone marrow damage, liver and kidney damage, possible fetal effects similar to fetal alcohol syndrome, intoxication, death.

SYMPTOMS OF INHALANT ABUSE – Paint or stains on body or clothing, chemical soaked rags, bags or socks, spots or sores around the mouth, red or runny eyes or nose, chemical breath odor, drunk, dazed or dizzy appearance, nausea, loss of appetite, anxiety, excitability, and irritability.

ITEMS IN THE HOME THAT CAN BE ABUSED

hairspray	mothballs
air freshener	deodorants
ammonia	nail polish remover
bleach	butane
cooking spray	insecticides
drain cleaner	over cleaners
furniture polish	white out
antifreeze	gasoline
brake fluid	lime
markers	turpentine
paints	glue
varnish	spray paint
contact cement	degreaser
solvents	lacquers
nail polish	whipping cream in cans
lighter fluid	canned air for cleaning computers
propane	butane
helium	household glue
disinfectants	permanent markers